

# St Benedict's Parish Arcadia



## PARISH Masses

### Weekend:

Saturday 7:00pm Vigil  
Sunday 9:00am  
Sunday 10:30am

### Weekday:

Mondays to Thursdays 9:30am

Fridays 6.30pm Adoration  
7:00pm Mass & Confession  
(Reconciliation)

Saturdays 10am to 11am  
Adoration & Confession  
(Reconciliation)

**Father Shansana is away from the 4th of January to the 25th January 2023. For anything urgent contact Fr Hilarion on 0478 909 541.**

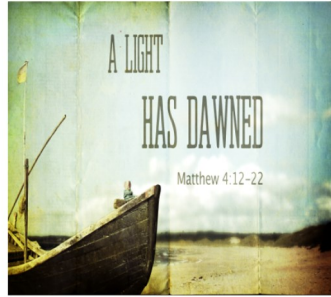
## MONASTERY CHAPEL Masses

Sundays 7:00am  
Daily 7:00am

Please contact Father Hilarion for the following:

**BAPTISMS  
RECONCILIATION  
FOR THE SICK  
MARRIAGES  
FUNERALS**

Fr Hilarion: 0478 909 541



## THIRD SUNDAY IN ORDINARY TIME YEAR A 21 & 22 JANUARY 2023

### ENTRANCE ANTIPHON

O sing a new song to the Lord;  
sing to the Lord, all the earth.  
In his presence are majesty and splendour,  
strength and honour in his holy place.

### SUNDAY HOLY MASS PRAYER

*Let us pray:*

Almighty ever-living God,  
direct our actions according to your good pleasure,  
that in the name of your beloved Son  
we may abound in good works.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
God, for ever and ever. **Amen.**

### REFLECTION: LIGHT

**Sunday's Gospel**, Jesus heard that John had been arrested, he went to Galilee. Jesus began to proclaim similar to what John was doing 'Repent, for the kingdom of heaven has come near.' Jesus becomes a 'light' for the people through his teaching and healing. (Matthew 4:12-23)

- **Is Jesus the light enlightening my daily living?**
- **Am I allowing Jesus to enter my heart?**
- **Am I willing to change for Jesus?**
- **Do I ask Jesus for the help that I need?**
- **Do I open myself to the healing light of Jesus?**
- **Do I pray for those in need?**
- **Do I bring the light and love of Christ to my world, to my family, to my work place, to my parish?**



**Dear Lord Jesus,**  
**Your main part of your healing was to show your light of warmth and friendship. You showed those in need to trust in the goodness of God and to find courage to forgive themselves and move on. You call on me to change my life and place my faith in You. Deepen my belief so that I may take you at your word and trust in the God of love you came to reveal to us. Amen.**

**First Reading****Isaiah 8:23 - 9:3 (JB)**

A reading from the prophet Isaiah

*In the Galilean country, the people have seen a great light.*

In days past the Lord humbled the land of Zebulun and the land of Naphtali, but in days to come he will confer glory on the Way of the Sea on the far side of Jordan, province of the nations.

The people that walked in darkness has seen a great light;  
on those who live in a land of deep shadow a light has shone.

You have made their gladness greater, you have made their joy increase;

they rejoice in your presence as men rejoice at harvest time, as men are happy when they are dividing the spoils.

For the yoke that was weighing on him, the bar across his shoulders, the rod of his oppressor, these you break as on the day of Midian.

**The word of the Lord.****Thanks be to God.****Responsorial Psalm:****R. The Lord is my light and my salvation.****Second Reading****1 Corinthians 1:10-13, 17 (JB)**

A reading from the first letter of St Paul to the Corinthians

*I appeal to you, my brothers and sisters, make up the differences between you.*

I appeal to you, brothers, for the sake of our Lord Jesus Christ, to make up the differences between you, and instead of disagreeing among yourselves, to be united again in your belief and practice. From what Chloe's people have been telling me, my dear brothers, it is clear that there are serious differences among you. What I mean are all these slogans that you have, like: 'I am for Paul', 'I am for Apollo', 'I am for Cephas', 'I am for Christ'. Has Christ been parcelled out? Was it Paul that was crucified for you? Were you baptised in the name of Paul?

For Christ did not send me to baptise, but to preach the Good News, and not to preach that in the terms of philosophy in which the crucifixion of Christ cannot be expressed.

**The word of the Lord.****Thanks be to God.****Gospel Acclamation**

Alleluia, alleluia!

Jesus preached the Good News of the kingdom  
and healed all who were sick.

Alleluia!

**GOSPEL****Matthew 4:12-23 (JB)**

A reading from the holy Gospel according to Matthew

*He went to Capernaum, that the prophecy of Isaiah be fulfilled.*

Hearing that John had been arrested Jesus went back to Galilee, and leaving Nazareth he went and settled in Capernaum, a lakeside town on the borders of Zebulun and Naphtali. In this way the prophecy of Isaiah was to be fulfilled:

Land of Zebulun! Land of Naphtali! Way of the sea on the far side of Jordan, Galilee of the nations!

The people that lived in darkness has seen a great light; on those who dwell in the land and shadow of death a light has dawned.

From that moment Jesus began his preaching with the message, 'Repent, for the kingdom of heaven is close at hand'.

As he was walking by the Sea of Galilee he saw two brothers, Simon, who was called Peter, and his brother Andrew; they were making a cast in the lake with their net, for they were fishermen. And he said to them, 'Follow me and I will make you fishers of men.' And they left their nets at once and followed him.

Going on from there he saw another pair of brothers, James son of Zebedee and his brother John; they were in their boat with their father Zebedee, mending their nets, and he called them. At once, leaving the boat and their father, they followed him.

He went round the whole of Galilee teaching in their synagogues, proclaiming the Good News of the kingdom and curing all kinds of diseases and sickness among the people.

**The Gospel of the Lord.****Praise to you, Lord Jesus Christ.**

**GOSPEL REFLECTION**  
**Sunday, January 22**  
**Sunday of the Word of God**  
**Isaiah 8:23–9:3**  
**Psalms 27:1, 4, 13-14**  
**1 Corinthians 1:10-13, 17**  
**Matthew 4:12-23**

*They left their nets and followed him. (Matthew 4:20)*

Can you imagine how exciting it was for Peter and his friends as they followed Jesus from town to town? Hearing him preach so often, seeing him perform so many miracles, watching people's lives change so dramatically—no wonder they left their nets and became his disciples!

But what about those times when there were no crowds—when they were traveling between towns or on those days when Jesus took a break? What were those “in-between” days like?

They were probably even more exciting! Those were the days when the disciples had Jesus all to themselves. They could ask him questions about what he had taught the crowds. They could listen to him explain his parables, pray with him, and experience for themselves the new relationship with his heavenly Father that he had proclaimed. It's possible that these were the days that really changed their lives.

Today is Sunday of the Word of God, a day when we celebrate the power and the grace contained in God's word in Scripture. This is the word that the disciples heard day in and day out, and it can change us just as it changed them. It can comfort us, convict us, and lift our hearts to heaven. It can bring us to our knees in humble repentance, and it can lift us to our feet in joyful worship.

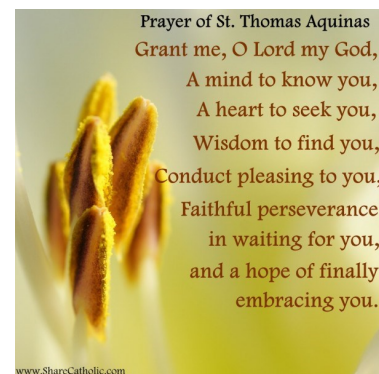
Do you want to experience God's word coming to life in you? Then imitate the apostles. Spend time with Jesus and immerse yourself in his word. Ask him questions about what you read there and listen prayerfully for his answers. It takes time and patience and perseverance, but the reward is well worth the effort. Like the apostles, you'll come to know Jesus personally as the One whose love lasts forever and whose mercy never ends!

**“Come, Lord, and speak your words of life to me today!”**

*(Source: Word Among Us India Dec22-Jan23 Pg 53)*

**LITURGICAL FEASTS AND EVENTS OF THE WEEK**

- Monday 23 Readings: Heb 9:15, 24-28. Mk 3:22-30.  
**R:** Sing to the Lord a new song, for he has done marvellous deeds.
- Tuesday 24 Readings: Heb 10:1-10. Mk 3:31-35.  
**R:** Here am I, Lord; I come to do your will.  
**St Frances de Sales, bishop, doctor**
- Wednesday 25 Acts 22:3-16. Mk 16:15-18.  
**R:** Go out to all the world, and tell the Good News.  
**The Conversion of St Paul, apostle**
- Thursday 26 Readings: Is 32:15-18. 1 Cor 12:4-11 or Rom 12:9-13. Mt 5:1-12 or Lk 12:22-32.  
**R:** The Lord speaks of peace to his people.  
**AUSTRALIA DAY Mass 9.30am**
- Friday 27 Readings: Heb 10:32-39. Mk 4:26-34.  
**R:** The salvation of the just comes from the Lord.  
**St Angela Merici, virgin. Sts Timothy and Titus.**
- Saturday 28 Readings: Heb 11:1-2, 8-19. Lk 1:69-75. Mk 4:35-41.  
**R:** Blessed be the Lord, the God of Israel; he has come to his people.  
**St Thomas Aquinas, priest, doctor.**



*Source: Ordo 2023*

**POPE FRANCIS' PRAYER INTENTION FOR JANUARY 2023**

**FOR EDUCATORS**

***We pray that educators may be credible witnesses, teaching fraternity rather than competition and helping the youngest and most vulnerable above all. Amen.***



## THE RULE OF ST BENEDICT

### Chapter 4

*Daily in one's prayer, with tears and sighs, to confess one's past sins to God.*

#### PARISH FUNDS

Your support as always is much appreciated. For those wanting to make payments directly to our bank account here are the details:

Bank Details for ONLINE only donations:  
BSB: 062 784 Acct: 100002141  
Name: Catholic Parish of Arcadia Bank:  
CBA—Catholic Development Fund

#### FATHER SHANSANA AWAY

***Father Shansana is away from the 4th of January to the 25th January. For anything urgent contact Fr Hilarion on 0478 909 541. (Office is only attended on Fridays during January.)***

***We apologise for the cancellation of Masses last weekend. Masses are now back to usual.***

#### REST IN PEACE

It is with great sadness we announce the passing of:



**DENISE PERRY**



#### Funeral details:

Monday 23rd January 2023 11am  
Holy Spirit Catholic Church  
55 Kincumber Street, Kincumber

*Eternal Rest grant to her O Lord,  
And let the Perpetual light shine upon her,  
May she Rest in Peace.  
Amen*

***Our prayers and thoughts are with Perry family and friends.***

#### PRAYER REQUEST

Prayers for the repose of Jessica Barbara.  
Jessica's **9th Anniversary** of her death occurs  
on Sunday 22nd January 2023

**JESSICA BARBARA**



*Eternal Rest grant to her O Lord,  
And let the Perpetual light shine upon her,  
May she Rest in Peace.  
Amen*

***Our prayers and thoughts are with Robin Barbara and family.***



Aid to the  
Church in Need

ACN AUSTRALIA

**A message from Aid to the Church in Need Australia:** ACN is the Pontifical Foundation dedicated to supporting the suffering and persecuted Church.

*Aid to the Church in Need* is asking for support to aid sisters in Kenya in building a new mother house and formation centre for their local community. Hunger, illiteracy, and lack of medical provision, combined with desperately poor roads and a lack of clean drinking water make life incredibly difficult for many people in Kenya. The diocesan congregation of the "Visitation Daughters of the Immaculate Heart" were established in order to help this needy population - but to continue their work they need your help! The sisters' work includes caring for expectant mothers, acting as midwives, providing counselling, caring for the sick and looking after the elderly and orphans who are frequently abandoned by society.

Your support will help these sisters to continue their mission by providing them with a permanent convent. To make an offering and learn more visit <https://aidtochurch.org/monthlyproject> or scan the Qr code.



## In Our Parish

We welcome into God's family, all who were recently baptised.

We pray for the sick of our Parish, **especially Brother Mario and Koana Zouein (Rita Sarkis' mum).**

We remember in our prayers all our dearly beloved who have died,  
**especially Tim Hewitt and Denise Perry....may they Rest in Peace.**





## BIRTHDAY WISHES

Wishing **FATHER ALBERIC** a very happy birthday!

**14TH JANUARY**

Below Father Alberic celebrating his 87<sup>th</sup> birthday with members from the Wednesday morning Prayer Meeting. We thank Father for all his support and encouragement over the years and may the Good Lord bless him abundantly. New members are always welcomed to join our wonderful group.



**NEW ROSTER NOW AVAILABLE IN SACRISTY. PLEASE PICK UP A COPY.**

**From the 28/1/2023 to 15/4/2023**

## WEDDING PLANS

**GOT YOUR WEDDING PLANS UNDER CONTROL?**

How prepared are you for marriage? Engaged Encounter provides you with deeper insights into each other and into married life. We give you a chance to spend time together to strengthen and enrich your relationship.

For further information visit our web site:

[www.engagedencounter.org.au](http://www.engagedencounter.org.au)

Choose any of the coming Weekends:

**Feb 25-26, May 6-7, Aug 5-6, Nov 11-12**

If Covid-19 restrictions prevent a face-to-face seminar, the CEE weekend will be held via Zoom.

## CCC PRAYER GROUP

Prayer meeting held every

**Friday nights:** after 7pm Mass

**Wednesday mornings:** after 9.30am Mass.

Everyone welcome. **Come and meet new people.**

For more details call Mary Camilleri on 0403 116 987.



## CATECHIST NEWS

Our first Catechist meeting will be held on Wednesday 1<sup>st</sup> February at 10:00am. Teacher's Manuals and workbooks will be handed out at the meeting, could I please encourage all to attend, thanks.

### SRE (Scripture) starting dates:

Arcadia, Glenorie and Middle Dural – Wed 15<sup>th</sup> February

Hillside – Friday 17<sup>th</sup> February

Galston – Wednesday 22<sup>nd</sup> February

If you are free on Wednesday or Friday mornings during school terms and love being with children, why not consider joining this worthwhile ministry. Training, support and books are provided.

### Catechist Vacancies:

Helper at Glenorie Public School on Wednesdays 10:10 – 10:50am

Catechist for Hillside Public School on Fridays 8:50am – 9:40am

Catechist for Arcadia Public School on Wednesdays 12 – 12:30pm

If you are interested please contact myself or Paula at the parish office or any of our priests.

God bless,  
Miriam Brown [srearcadia@gmail.com](mailto:srearcadia@gmail.com)  
Parish Catechist Coordinator

## AUSTRALIA DAY PRAYER JANUARY 26TH

*We bless you, God of the universe,  
for this land,  
for its contrasts of landscape and climate,  
for its abundance of wealth and opportunity.  
We bless you for our history,  
with all its struggle in adversity,  
its courage and hope,  
Give us in our diversity  
tolerance and respect for each other  
and a passionate commitment to justice for all.  
Bless us so that we might be a blessing to others.  
We ask this through Jesus Christ our Lord.*

**Amen.**

**Mass Thursday 9.30am**



## ITALIAN ROSARY GROUP

Every Monday 2.00pm.

Everyone welcome.

For more details call Angela Egiziano.

Ph: 9653 2312.



## **Book Launch Invitation**

You are warmly invited to attend the book launch of  
***As Cedars Grow The Bane Diaspora to Thornleigh.***

***As Cedars Grow*** is the story of the young Baynie family who migrate to Australia in 1925 from Bane.

The story is told to Richard Broome by David Brown, the eldest son of Mary and Frank Brown and the eldest grandson of Anthony and Alma Baynie. The book charts the Baynie family's journey from Lebanon by ship to Australia, describing the many travails and wonderful support they encountered. David shares with his readers vivid, heartfelt and, at times, funny memories that demonstrate the exceptional altruistic works of the Baynie family and in particular, his mother Mary Brown.

***As Cedars Grow*** also includes many stories about other Bane families and how they immigrated and settled in Australia.

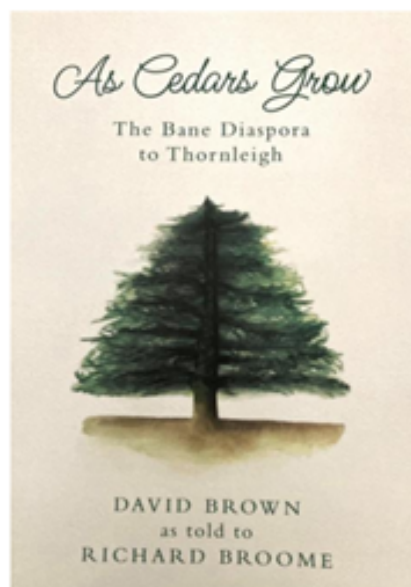
At the launch, the book will be available for purchase and signing by the authors David and Richard.

We are delighted to have Monsignor Joseph Takchi attending as Guest of Honour and he will launch the book.

It will be held on  
**Wednesday evening 8<sup>th</sup> Feb 2023 at 6:30 pm**  
at the St George Church Hall, in Wells St Thornleigh.  
Supper and refreshments will be provided.

Please RSVP by 3rd Feb '23 to  
Adele Saliba on 0417228929 or Elizabeth O'Brien on 0412335690

All proceeds from the sale of the first edition (400 books) will be donated to the St George Charity Association Bane.



## **Saint Angela Merici, Virgin**

**c. 1474 - 1540**

**Feast Day: January 27**



**Patron Saint of sickness, death of parents, disabled, handicapped, or physically challenged people.**

*My very own sisters, it is necessary that we be vigilant, and so much more so, as the undertaking is of such importance that there could be no greater, in which lie our life and well-being, and in which we are called to a life of such glory that we are spouses of the Son of God, and will become queens in heaven.*

*~Prologue of the Rule of the Company of Saint Ursula #15-17*

Angela was the youngest of five children born to her virtuous and faith-filled parents. She was born in the town of Desenzano in northern Italy. Shortly afterward, her family moved to a farm just outside of town where Angela was raised. Angela was well-trained in the Catholic faith as a youth. Each day, her father would read to the family about the lives of the saints from "The Golden Legend," flooding little Angela's mind and heart with a desire to imitate them. As a teenager, however, tragedy struck her family not once, not twice, but three times. Angela's father, mother, and sister all died within a short period of time, leaving Angela and her three brothers orphaned.

After the deaths of her parents and sister, Angela and her youngest brother moved to the town of Salò, about fifteen miles north of Desenzano, to live with their uncle, her mother's brother. Her uncle was also a virtuous man, and Angela continued to grow in her faith under his loving care.

Around the age of twenty or twenty-two, Angela joined the Third Order Franciscans, the lay branch of the larger Franciscan Order. Third Order Franciscans did not take the same vows as consecrated men and women and lived out their vocations in the midst of the world. As a Third Order Franciscan, Angela then began her lifelong custom of wearing the simple Franciscan Tertiary habit. She also informed her uncle that she wanted to dedicate her whole life to Christ, rather than get married. Soon after, her uncle died and Angela decided to move back to her family home in Desenzano to begin a new life as a lay Franciscan. She remained there for about the next twenty years.

At some point it is believed that Angela had one or more visions that increased her trust in God and deepened her commitment to her vocation. Angela was deeply concerned about whether her sister was in Heaven, and her heart longed for reassurance. Her answer came in the form of a vision she had of her sister joining in a Heavenly procession with angels and other young girls. This put Angela's heart at rest. In that same vision or in a subsequent one, she saw a ladder leading to Heaven and several young virgins climbing that ladder. This vision became the seed of her calling to teach young girls about God and to form them for holy living. Angela began to teach young girls who would gather in her home each day to help them become better Christians. Soon, other young single women began to imitate her, welcoming girls into their homes. These laywomen teachers formed a loose association among themselves, joining in a united mission and lay vocation. After twenty years in Desenzano, Angela was invited to start another house in the nearby city of Brescia.

In Brescia, Angela became well-known and well-loved by many, especially by young women in need. She counseled many, including former prostitutes, the upper class, the poor, and all who sought her guidance. In 1535, at the age of 61, Angela finally fulfilled the final part of her mission when she gathered twenty-eight other virgins to form the lay organization of women known as the "Company of Saint Ursula." Saint Ursula was a fitting patron for them, since she was the patron saint of schoolgirls. The Company of Saint Ursula was the first secular institute for laity in the history of the Church. For women at that time, the only two options they traditionally had were either to enter marriage or to join a cloistered convent. This new lay association was the first to offer young women a third option. A couple of years later, Angela was elected the mother of this new company and remained so until her death in 1540. At the time of her death, the Company had about 150 members. Four years after her death, in 1544, Pope Paul III issued a Papal Bull approving the Rule of the Company of Saint Ursula. Though the Company of Saint Ursula remains today, some of the Company's first members formally branched off into a new religious order called the Ursulines under the leadership of Archbishop Saint Charles Borromeo of Milan in 1572. Both the "Ursulines" and the "Company of Saint Ursula," which are distinct entities in the Church, point to Saint Angela as their founder.

God used Saint Angela for a unique mission. She fell in love with her God at an early age, dedicated herself solely to Him as her Spouse, and followed His will as it unfolded. At first, her mission was a personal mission of loving girls and guiding them to God in her home. Eventually, God expanded that mission and enfolded it into His Church.

God does not call every person to start a new movement within the Church or to spark the beginnings of a religious order, but He does call us all to see the needs of those around us and work to meet those needs with love and devotion. Saint Angela saw the need to care for and teach young girls. Ponder the needs that are present around you and in imitation of Saint Angela, offer yourself to God so that you may help meet those needs in accord with God's divine will.

***Saint Angela, you fell in love with God at a young age and fostered that love through hard times. After losing many within your beloved family, God gave you new spiritual children to care for as a spiritual mother. You embraced that calling, and much good fruit was borne in the Church. Please pray for me, that I may learn from your example by caring for those whom God has placed in my life, devoting myself to serving them in accord with God's perfect will. Saint Angela, pray for me. Jesus I trust in You. Amen.***

Source: mycatholic.life

*Please join us for morning tea after the 9am Mass*

**NEW ROSTER NOW AVAILABLE IN SACRISTY. PLEASE PICK UP A COPY.**

**NEXT WEEKEND'S ROSTER**  
**28/1/23 TO 29/1/23**  
**FOURTH SUNDAY OF ADVENT YEAR A**

	Saturday 7pm	Sunday 9am	Sunday 10.30am
<b>Acolyte</b>		Lorraine D	
<b>Reader1</b>	Sr Carol T	Melanie H	Matt W
<b>Reader2</b>	Margaret B	Nigel M	Isabella M
<b>Prayers</b>	Maria G	Peter G	Lorna B
<b>TV</b>		Mary A	Xavier F
<b>Music</b>		Mark Q	Melanie H
<b>Music</b>		Teresa G	Adam F
<b>Music</b>		Theresa N	David Y
<b>Music</b>		Keith W	
<b>Morning Tea</b>		Robin B	
 <b>FLOWERS</b>	Gabrielle W		

**Parish Roster**

*Thank You!*

**Thank you to all our volunteers, we really appreciate it!  
 If anyone would like to join our parish roster please contact the parish.**

**ACKNOWLEDGMENT**

*We acknowledge the Traditional Owners of country throughout Australia and recognise their continuing connection to land, waters and culture. We pay our respects to their Elders past, present and emerging.*

**SAFEGUARDING MISSION STATEMENT**

*We the people of St Benedict's Parish are committed to fostering a community of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.*

*If you have a concern for the safety and wellbeing of a child, young person or vulnerable adult, tell someone who can help. These people in our parish can help:*

*Fr Shansana 0437 884 233 - Lorraine Dailey 0416 081 882 - Office for Safeguarding 8379 1605.*

**PARISH OFFICE HOURS:**

**Mondays & Fridays: 9.30am to 2.30pm**

**(Closed from 26th December, reopens 13th January.  
 During the month of January only open Fridays from the 13th.  
 For anything urgent please contact Fr Hilarion 0478 909 541).**

**Parish Office: 02 9653 2312  
 Email: arcadia.parish@bigpond.com**

**Parish Administrator: Fr Shansana Samarasinghe OSB  
 Email: sanshanasamarasinghe@yahoo.com  
 After hours: 0437 884 233**

**Address: 2 Fagans Road, Arcadia NSW 2159  
 Postal address: 121 Arcadia Rd, Arcadia NSW 2159**

**Website: www.bbcatholic.org.au/arcadia  
 Facebook: stbenedictsarcadia**

**MONASTERY: 9653 1159**



**BANK DETAILS for ONLINE only donations:  
 BSB: 062 784 Account: 100002141  
 Account Name: Catholic Parish of Arcadia Bank:  
 CBA—Catholic Development Fund**

**For all parish Occupational Health & Safety  
 and Safeguarding Children matters Contact:  
 Lorraine Dailey on 0416 081 882.**